41ST ANNUAL
nitop
NATIONAL INSTITUTE ON THE
TEACHING OF PSYCHOLOGY

JANUARY 3–6, 2019
The TradeWinds Island Grand Resort
St. Pete Beach, Florida

NITOP 2019: LEARNING, NETWORKING,
AND EXPLORING RESOURCES

For teachers of psychology who wish to explore new ideas
that will enhance and broaden their teaching skills.

Cosponsors:
Association for Psychological Science
University of South Florida Department of Psychology

NITOP.ORG
General Information

The National Institute on the Teaching of Psychology is an annual conference for teachers of psychology. NITOP is an independent, nonprofit, educational organization. The NITOP organizing committee (Robert Henderson and Stephen Chew [Co-Chairs], Bridgette Martin Hard, Erin Hardin, and Beth Morling) invites distinguished speakers based on nominations from past participants, expertise in topics related to the teaching of psychology, and demonstrated skill in presenting. Presentations include workshops, concurrent sessions, and general sessions on topics of interest to psychology teachers at all levels, from high school through university. To assist these teachers in improving their effectiveness and enhancing their students’ learning, the Institute program offers content updates, new instructional techniques, and engaging activities.

NITOP encourages Institute participants to share their own research projects, course content ideas, innovative classroom techniques, and effective class activities at poster sessions. Participant Idea Exchanges, the Teaching Slam, and the Demo Demo session, as well as in informal discussions at meals and evening social events.

The 41st Institute begins on the morning of Thursday, January 3, with registration, a continental breakfast, and four workshops. It ends on Sunday, January 6, at 12:15 pm, following the closing session and the announcement of awards.

Program Events

Workshops: Hands-on sessions offering techniques, strategies, and practical tips for improving statistics curricula, enhancing on-line teaching and learning, using journal articles with students of all levels, and mentoring student researchers.

General Sessions: Lectures on topics of general interest to all psychology instructors, featuring talks by Kathleen Vohs, Jean Twenge, John Dunlosky, Karen Adolph, and David Daniel.

Concurrent Sessions: Concurrent sessions each offer a choice among four one-hour presentations by distinguished psychology faculty members addressing a range of content areas and teaching strategies.

Poster Sessions: Poster Sessions showcase presentations by Institute participants on topics related to the teaching of psychology. Consult www.nitop.org for instructions regarding how to submit a poster. Three NITOP poster awards will be announced at the closing session. The winners will receive a certificate and one complimentary registration (for the first author in the case of multiple-authored posters) for a future NITOP.

- The Frank Costin Memorial Award for Excellence, for the poster judged to be outstanding in terms of contributing to excellence in teaching psychology.
- The Doug Bernstein Award, for the poster judged to be the most humorous, creative, or original, or as making the strongest contribution to the teaching of introductory psychology.
- The Scholarship of Teaching and Learning Award, for the poster judged to do an outstanding job: (a) addressing important research questions, (b) employing sound research methodology, (c) using appropriate qualitative and/or statistical analyses, and (d) clearly expressing the implications of the research findings for teaching and learning.

Participant Idea Exchange Sessions (PIEs): Three PIEs will offer participants the opportunity to share teaching ideas in an informal, roundtable format. Each session will include about 20 discussion topics, hosted by Institute participants whose proposals are submitted, reviewed, and accepted in advance. Following a short presentation by the host, participants at the table will be invited to discuss their own ideas on that topic. Participants move freely among tables to take part in multiple discussions. Consult www.nitop.org for instructions regarding how to submit a proposal for a PIE.

Teaching Slam: The Teaching Slam is a fast-paced, dynamic session, in which eight speakers each get eight minutes to share their best teaching tip, assessment idea, or class activity. You will get fresh ideas to use in your class right away! Consult www.nitop.org for instructions regarding how to submit a proposal for the Teaching Slam.

Demo Demo: In the Demo Demo, great instructors microteach their favorite class demonstrations, while the audience plays the role of the students. You will get both original, ready-to-use demos and new twists on old favorites. Consult www.nitop.org for instructions regarding how to submit a proposal for the Demo Demo.

Laugh at Lunch: NITOP participants are invited to share their most entertaining teaching experiences, including personal foibles, gaffes, and bloopers. Please keep stories within (or at least near) the bounds of kindness and good taste. The NITOP committee will review the submissions in advance. Submit your story on www.nitop.org by January 2, 2019.

NITOP NITOP (Nearly Impossible Trivia of Psychology): Test your knowledge of the details, the minutiae, the obscure, and the noteworthy particulars of psychology. In this collaborative event, each lunch table works together to answer trivia questions from all areas of psychology. The winning table gets a prize, but fun and enlightenment will be enjoyed by all!

Book and Software Displays: During the poster sessions and at other times throughout the Institute, exhibitors will be on hand to discuss their newest psychology textbooks and classroom tools. You are encouraged to explore the exhibits and discover fresh ways to use textbooks, technology, and instructional software to enhance your students’ learning.

Further Information

Check www.nitop.org for program updates, speaker biographies and abstracts, and nearby sightseeing opportunities for families. If you have questions, send them by email to: coordinator@nitop.org.
Thursday, January 3
7:30 am: Continental Breakfast
7:30 am—5:00 pm: Registration
8:30—10:00 am: Workshops
▶ Training Better Scientists with a Better Statistics Curriculum: Introducing Estimation, Meta-analysis, and Open Science to your Undergraduates—Robert Calin-Jageman
▶ Annual Council on Undergraduate Research Session: Mentoring Student Researchers in Psychology—Susan Larson
▶ Exposure to Psychological Science: Using Empirical Journal Articles in Courses of All Levels—Dawn McBride
▶ Through the Looking Glass: Lessons for Online Teachers from Alice in Wonderland—Diane Finley
10:15—10:45 am:
▶ Welcome Session for First-Time NITOP Participants
▶ Exhibit Viewing Time
11:00 am—12:30 pm: Opening Session
▶ 11:00—11:30 am: Welcoming Remarks—Robert Henderson, Sarah Brookhart, and Toru Shimizu
▶ 11:30 am—12:30 pm: Opening Address
Annual Association for Psychological Science Session:
Decision Fatigue: Implications for Self-Control, Wisdom, and Leadership—Kathleen Vohs
12:45–1:30 pm: Box Lunch Pickup
1:30–3:00 pm: Poster Session I
3:15–4:15 pm: Participant Idea Exchange I
4:30–5:45 pm: Teaching Slam—Erin Hardin, Moderator
6:00–8:30 pm: Buffet Reception for Participants and Their Companions and Families—a wide selection of appetizers, salad and pasta bars, desserts, and wine and beer
Friday, January 4
7:00–8:00 am: Yoga
7:30–8:45 am: Buffet Breakfast
9:00–10:00 am: Concurrent Sessions I
▶ Annual Society for Industrial/Organizational Psychology Session: Why the ‘Opt Out’ Explanation is Insufficient: Subtle Messages Push Moms Out of Work—Eden King
Saturday, January 5
7:00–8:00 am: Yoga
7:30–8:45 am: Buffet Breakfast
9:00–10:00 am: Concurrent Sessions III
▶ The Pedagogical Power of Prediction—Kristal Clayton
▶ Annual Society for Personality and Social Psychology Session: People & Purpose: Highlighting Communal Aspects of Science Can Foster Diversity and Engagement—Amanda Diekmann
▶ Annual American Psychological Association Education Directorate Session: Charting a Course for Introductory Psychology: Issues, Innovations, and Better Practices—Regan Gurung
10:15–11:15 am: Participant Idea Exchange II
11:30 am–12:30 pm: General Session
▶ iGen: Teaching the Smartphone Generation—Jean Twenge
12:30 pm: Buffet Lunch and “Laugh at Lunch”—Beth Morling, moderator
2:00–3:00 pm: Concurrent Sessions II
▶ An Open-Access, Active-Learning, Online Undergraduate Research Methods Course—Morton Gernsbacher
▶ Beyond Brick and Mortar: Leveraging Technology to Expand the Reach and Scope of Mental Health Care—and Student Education—Jonathan Comer
▶ Annual Society for the Psychological Study of Social Issues Session: Teaching about Human Trafficking from a Psychological Perspective—Laura Dryjanska
▶ Building Direction from Education: Strategies to Engage Student Interest and Inspire Application beyond the Classroom—Gregory Pruvitera
3:15–4:15 pm: General Session
▶ Annual Psychonomics Society Session: Why Effective Techniques May Not Help Students Achieve: Challenges for Implementing Cognitive Principles in College—John Dunlosky
4:30–6:00 pm: Poster Session II
7:00–8:00 pm: Software Demonstrations and Ad Hoc Meetings
8:00–10:00 pm: Social Hour
Sunday, January 6
7:30–8:30 am: Buffet Breakfast
8:30–9:30 am: Concurrent Sessions V
▶ Annual Society for Industrial/Organizational Psychology Session: Why the ‘Opt Out’ Explanation is Insufficient: Subtle Messages Push Moms Out of Work—Eden King
▶ An Open-Access, Active-Learning, Online Undergraduate Research Methods Course—Morton Gernsbacher
▶ Teaching Traps, Transitions, and Connections: Providing Context to Make the Content Meaningful—Brooke L. Wishehunt, Danae L. Hudson & Melissa Beers
▶ Ready for Work? Students’ & Working Adults’ Views about the Career-related Skills Learned at College—Tanya Martini
11:30 am–12:30 pm: General Session
▶ Annual Society for Research in Child Development Session: Show, Don’t Tell: Video as Data and Documentation—Karen Adolph
12:30 pm: Buffet Lunch and NITOP NITOP (Nearly Impossible Trivia of Psychology)—Stephen Chew, Moderator
2:00–3:15 pm: Demo Demo—Bridgette Martin Hard, Moderator
3:30–4:30 pm: Concurrent Sessions IV
▶ Beyond Brick and Mortar: Leveraging Technology to Expand the Reach and Scope of Mental Health Care—and Student Education—Jonathan Comer
▶ Building Direction from Education: Strategies to Engage Student Interest and Inspire Application beyond the Classroom—Gregory Pruvitera
▶ Enhancing Mindful Awareness and Emotion Regulation in the Classroom: Insights from Multi-Course Multi-Semester Investigation—Sarah Rose Cavanaugh
▶ Controversial Conversations: Teaching in a Post-Truth World—Kate Richmond
9:45–10:45 am: Concurrent Sessions VI
▶ Controversial Conversations: Teaching in a Post-Truth World—Kate Richmond
▶ Enhancing Mindful Awareness and Emotion Regulation in the Classroom: Insights from Multi-Course Multi-Semester Investigation—Sarah Rose Cavanaugh
▶ Annual Society for Personality and Social Psychology Session: People & Purpose: Highlighting Communal Aspects of Science Can Foster Diversity and Engagement—Amanda Diekmann
▶ Ready for Work? Students’ & Working Adults’ Views about the Career-related Skills Learned at College—Tanya Martini
11:00 am–12:15 pm: Closing Session
11:00 am–Noon: Closing Address:
Annual Society for the Teaching of Psychology Session: Faith-based or Evidence-based Teaching: Are you a Zealot, Infidel or Gnostic?—David Daniel
Noon–12:15 pm: Closing Remarks and Announcement of Awards—Stephen Chew
Proposals
All participants in the Institute are invited to submit proposals for posters, Participant Idea Exchanges (PIEs), Teaching Slam presentations, and Demo Demo demonstrations. Submissions must be related to the teaching of psychology and presenters must hold academic, non-commercial roles. The deadline for submitting a Teaching Slam or Demo Demo proposal is September 1, 2018. For Poster and Participant Idea Exchange proposals, the deadline is October 1, 2018. Later proposals will be considered only if space remains available. Proposals should include an abstract that summarizes the presentation. PIE proposals must also include the questions that will be posed to encourage discussion. Submissions are reviewed for quality and for relevance to improving the teaching of psychology. Detailed guidelines for preparing proposals, along with instructions for submitting them, are available at the NITOP website (nitop.org). To be placed on the program, all accepted presentations must have a registered presenter by November 15.

Air and Ground Transportation
The primary airport serving St. Pete Beach is Tampa International Airport, which offers several ground transportation options, including rental cars, taxis, shuttles, and app-based ride sharing.

Ground transportation from the airport directly to the conference hotel is available for NITOP participants (at $25 one-way per person) who make a reservation by email no later than December 12, 2018, following the instructions contained in NITOP’s receipt confirming your registration.

Conference Hotel—The TradeWinds
The TradeWinds Island Grand is an 18-acre, family-friendly and environmentally-friendly beach resort, which offers an abundance of recreational activities both on and off the beach. The specially discounted rate for NITOP participants is $139 single or double (children free) if reservations are made by November 15, 2018 by calling 800-808-9833 (mention NITOP) or online at tradewindsresort.com/nitop. For more information on the hotel and recreational activities for families, visit tradewindsresort.com.

Registration
Register online at nitop.org. The fee for psychology teachers is $585 for registrations paid by November 15 ($635 after November 15) and includes:

- Admission to all conference events
- Registration materials:
  - Printed program that includes the titles and authors of all posters, participant idea exchange topics, and Teaching Slam and Demo Demo presentations
  - Online access during and after the conference to all speakers’ handouts, with printed copies if requested in advance
- Meals and breaks:
  - Four breakfasts and three lunches
  - An evening buffet for participants and their companions and families
  - Refreshments at poster sessions, coffee breaks, and social hours

APS members: Regular members, $555 ($605 after November 15), graduate student affiliates, $375 ($425 after November 15)

Retirees and graduate students: $405  (restrictions apply; $455 after November 15)

Guests of participants: Companions 16 and older whose affiliation is unrelated to psychology and who will attend meals, breaks, and poster sessions, as well as all other program events: $380

Early career scholarships: $100 reduction in registration fee; see www.nitop.org for application details