

## Introduction of Psychology as a Career Option

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Introduction to Psychology is an entry level course which usually first year students register, but those students may or not be majoring in psychology. One important task of instructors who teach psychology is to inform students about the field so that when students finalize their decisions about their majors, they can make informed decisions.

While I talk about career options in psychology, I show short videos of professionals who explain how they ended up choosing their fields, what is exciting about their jobs, what is difficult, what is satisfying about their jobs. Afterward, I ask my students to write their thoughts on whether they would consider choosing a career in psychology, what specific sub-field would they choose? Why would they choose a career in psychology and why wouldn't they choose? If they choose a sub-field, why would they have shown interest to that sub-field?

- ✓ Do you introduce psychology to your students as a career option?
- ✓ How do you introduce different career options in psychology?
- ✓ Students may have misconceptions about what a career in psychology may involve, for example they may assume that they have to dissect animal brains in order to be a psychologist. Another one may think that they may have to treat patients with extreme psychological disorders in order to have a career in psychology. How do you introduce psychology as a career so that students become aware of their misconceptions and learn that there are many options such as becoming a marriage counselor or an educational psychologist, etc.?

Videos that I have used:

Pearson MyPsychLab: includes developmental, clinical, social cognition, sports and exercise, clinical/psychoanalysis

<https://tinyurl.com/s4k3dpp>

IO Psychology: <https://tinyurl.com/vr8dyu8>

Forensic Psychology: <https://tinyurl.com/mlxfqcf>