Dr. John Dunlosky investigated metamemory – people’s monitoring and control of their learning – to earn his Ph.D. at the University of Washington, and he is now a Full Professor in the Department of Psychological Sciences and the Director of the Science of Learning and Education Center at Kent State University. He is keenly interested in understanding student’s metamemory and self-regulated learning, and his research has recently focused on discovering techniques that students can use to improve their learning and achievement. He co-authored the first textbook on Metacognition and most recently co-edited the *Cambridge Handbook of Cognition and Education* with Katherine Rawson.