

## *Curriculum Vita*

Brooke Leslie Whisenhunt

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### **EDUCATION:**

- Licensed Psychologist                      State of Missouri  
Date of Licensure: June 2004  
License Number: 2004013559
- Ph.D.    Louisiana State University, Baton Rouge, LA: Clinical Psychology  
Date of Completion: August 2002  
Major Area: Clinical Psychology  
Specialty Area: Adult Clinical  
Advisor: Donald A. Williamson, Ph.D.  
Dissertation: "Prevention of Eating Disorders in Athletes: An Intervention for Coaches"
- M.A.    Louisiana State University, Baton Rouge, LA: Clinical Psychology  
Degree Conferred: May 2000  
Major Area: Clinical Psychology  
Specialty Area: Adult Clinical  
Advisor: Donald A. Williamson, Ph.D.  
Thesis: "Perception of Health Risks and Intention to Consume Weight Loss Products in Normal Weight Women Who are Preoccupied with Body Size"
- B.A.    University of Arkansas, Fayetteville, AR: Psychology  
Degree Conferred: May 1997, Summa Cum Laude  
Major: Psychology  
Minor: Philosophy  
Honor's Thesis: "Effects of the Mass Media's Thin Ideal on Self-Esteem and the Development of Body Image Disturbances."

### **EMPLOYMENT HISTORY**

- 2013 – Present                                      Professor of Psychology, Missouri State University
- 2004 – Present                                      Independent Practitioner, Clinical Psychology, Springfield, Missouri
- 2007 – 2013                                        Associate Professor of Psychology, Missouri State University
- 2002 – 2007                                        Assistant Professor of Psychology, Missouri State University

## **SCHOLARSHIP**

\* denotes undergraduate student co-author

\*\* denotes graduate student co-author

### *Textbooks*

Hudson, D. L., & Whisenhunt, B. L. (2019). *Revel Psychology* (1<sup>st</sup> Edition). Hoboken, NJ: Pearson Education.

### *Peer-Reviewed Journal Publications*

\* denotes undergraduate student co-author

\*\* denotes graduate student co-author

Williams, G. A.\*\*, Hudson, D. L., Whisenhunt, B. L., Stone, M., Heinberg, L., J., & Crowther, J. H. (2018). Short-term changes in affective, behavioral, and cognitive components of body image following bariatric surgery. *Obesity Surgery, 14*, 521-527. doi.org/10.1016/j.soard.2017.12.026

Bozsik, F.\*\*, Whisenhunt, B. L., Hudson, D. L., Bennett, B.\*\*, & Lundgren, J. D. (2018). Thin is in? Think again: The rising importance of muscularity in the thin ideal female body. *Sex Roles, 1-7*. doi.org/10.1007/s11199-017-0886-0

Cathey, C. L., Visio, M. E., Whisenhunt, B. L., Hudson, D. L., & Shoptaugh, C. F. (2016). Helping when they are listening: A midterm study skills intervention for introductory psychology. *Psychology Learning and Teaching, 15*, 250-267. doi: 10.1177/1475725716646319

Stefano, E. C.\*\*, Hudson, D. L., Whisenhunt, B. L., Buchanan, E. M., & Latner, J. D. (2016). Examination of body checking, body image dissatisfaction, and negative affect using ecological momentary assessment. *Eating Behaviors, 22*, 51-54.

Hudson, D. L., Whisenhunt, B. L., Shoptaugh, C. F., Visio, M. E., Cathey, C. & Rost, A. D. (2015). Change takes time: Understanding and responding to culture change in course redesign. *Scholarship of Teaching and Learning in Psychology, 1*, 255-268. doi.org/10.1037/stl0000043

Hudson, D. L., Whisenhunt, B. L., Shoptaugh, C. F., Rost, A., & Fondren-Happel, R. N. (2014). Redesigning a large enrollment course: The impact on academic performance, course completion and student perceptions in introductory psychology. *Psychology Learning and Teaching, 13*, 107-119. <http://dx.doi.org/10.2304/plat.2014.13.2.107>

Williams, G.\*\*, Hudson, D. L., Crowther, J., & Whisenhunt, B.L. (2014). An examination of body tracing among women with high body dissatisfaction, *Body Image: An International Journal of Research, 11*, 346-349. doi: 10.1016/j.bodyim.2014.05.005.

Drab-Hudson, D. L., Whisenhunt, B. L., Shoptaugh, C. F., Newman, M. C., Rost, A., & Happel, R. N. (2012). Transforming Introductory Psychology: A systematic approach to course redesign. *Psychology, Learning and Teaching, 11*, 146-157.

Whisenhunt, B. L., Drab-Hudson, D. L., Stanek, L. R.\*\*, Dock, A. J.\*, Allen, B. J.\*\*, Vincent, R. C.\*, & Levesque, C. (2012). Perceptions of underweight images: Are women with anorexia nervosa perceived as attractive and healthy? *Eating and Weight Disorders.-Studies on Anorexia, Bulimia and Obesity, 17*(3), e178-e184.

- Whisenhunt, B.L., Williamson, D. A., Drab-Hudson, D. L., & Walden, H. (2008). Intervening with coaches to promote awareness and prevention of weight pressures in cheerleaders. *Eating and Weight Disorders, 13*, 102-110.
- Geller, J., Drab, D.L., Whisenhunt, B.L., & Srikameswaran, S. (2004). Readiness to change dietary restriction predicts short and long term clinical outcomes in the eating disorders. *Eating Disorders: The Journal of Treatment and Prevention, 12*, 209-224.
- Whisenhunt, B.L., Williamson, D.A., & Netemeyer, R.G. (2003). Perception of health risks, past usage, and intention to consume weight loss products in normal weight women with high and low body dysphoria. *Eating and Weight Disorders, 8*, 114-123.
- Whisenhunt, B. L., & Williamson, D.A. (2002). Perception of weight categories: Relationship between actual body mass index and perception of what constitutes overweight. *Eating Behaviors, 3*, 229-238.
- Bornstein, B., Whisenhunt, B. L., Nemeth, R. J., & Dunaway, D. (2002). Pretrial publicity and civil cases: A two-way street? *Law and Human Behavior, 26*, 3-17.
- Reas, D.L., Whisenhunt, B.L., Williamson, D.A., & Netemeyer, R.G. (2002). Development of the Body Checking Questionnaire: A self-report measure of body checking behaviors. *International Journal of Eating Disorders, 31*, 324-333.
- White, M.A., Whisenhunt, B. L., Williamson, D. A., Greenway, F.L., & Netemeyer, R.G. (2002). Development and validation of the Food Craving Inventory. *Obesity Research, 10*, 107-114.
- Whisenhunt, B. L., Williamson, D. A., Netemeyer, R. G., & Womble, L. G. (2000). Reliability and validity of the Psychosocial Risk Factors Questionnaire (PRFQ). *Eating and Weight Disorders, 5*, 1-6.

#### *Edited Book Chapters*

- Stefano, E. C.\*\*, Bennett, B. L.\*\*, Bozsik, F.\*\*, Hudson, D. L., & Whisenhunt, B. L. (in press). Eating disorders. In S. Hupp (Ed.), *Child and Adolescent Psychotherapy: Evidence-Based Treatment Components for Youth and their Parents*. Cambridge, UK: Cambridge University Press.
- Bozsik, F.\*\*, Bennett, B. L.\*\*, Stefano, E. C.\*\*, Whisenhunt, B. L. & Hudson, D. L. (in press). Eating. In S. Hupp (Ed.), *Pseudoscience in Child and Adolescent Psychotherapy: Ineffective, Implausible, and Potentially Harmful Treatments*. Cambridge, UK: Cambridge University Press.
- Whisenhunt, B.L. (2015). Gender Dysphoria. In E. E. Gorenstein and R. J. Comer, *Case studies in abnormal psychology* (pp. 31-44). New York, NY: Worth Publishers.
- Whisenhunt, B.L. (2005). Breathing Retraining. In Michel Hersen's (Ed.) *Encyclopedia of Behavior Modification and Therapy: Vol. I, II, and III*, Sage Publications, Thousand Oaks, CA.

#### *Published Abstracts/Proceedings Publications*

- Whisenhunt, B. L., & Williamson, D. A. (2001). Relationship Between Actual Body Mass Index and Perception of What Constitutes Overweight: Implications for Health Care Marketing. In Hair, J.F., Weber, J.M., & Hoverstad, R. (Eds.), Advances in Health Care Research 2001 Proceedings (11-21).

Whisenhunt, B. L., Williamson, D. A., Netemeyer, R. G., Drab, D. L. (2000). Perception of Health Risks and Intention to Consume Weight Loss Products in Normal Weight Women Who are Preoccupied with Body Size. In Hair, J.F., Weber, J.M., & Hoverstad, R. (Eds.), Advances in Health Care Research 2000 Proceedings (11-21).

Drab, D. L., Geller, J., Williamson, D. A., Whisenhunt, B. L. (2000). Readiness and Motivation for Change in Eating Disorders: A Review of Current Assessment Strategies. In Hair, J.F., Weber, J.M., & Hoverstad, R. (Eds.), Advances in Health Care Research 2000 Proceedings (22-30).

Martin, C. K., LeBlanc, M., Williamson, D. A., Drab, D. L., & Whisenhunt, B. L. (2000). Implications of Obesity and Early Identification Strategies in Primary Care. In Hair, J.F., Weber, J.M., & Hoverstad, R. (Eds.), Advances in Health Care Research 2000 Proceedings (31-38).

White, M. A., Whisenhunt, B. L., Williamson, D.A., & Greenway, F. L. (1999). The Food Craving Inventory and Implications for Weight Loss Treatment. North American Association for the Study of Obesity Annual Proceedings.

### **PRESENTATIONS AND SYMPOSIA**

\* denotes undergraduate student co-author

\*\* denotes graduate student co-author

Hudson, D. L. & Whisenhunt, B. L. (2018, August). *Beyond the lecture: Effective teaching in large classes*. Presentation at the 126<sup>th</sup> Annual Convention of the American Psychological Association. San Francisco, CA.

Beers, M., Hudson, D. L., & Whisenhunt, B. L. (2018, June). *Teaching difficult concepts in introductory psychology: Five new classroom activities*. Presentation at the 7<sup>th</sup> Annual Psychology One Conference, Durham, NC.

Whisenhunt, B. L., & Hudson, D. L. (2018, April 10). *Teaching lightening round: 5 new class activities for difficult concepts in introductory psychology*. [Webinar]. In Pearson's This is Digital Learning.

Smith, J.\*\*, Battles, J. A.\*\*, Whisenhunt, B. L., Buchannan, E., & Hudson, D. L. (2017, November). *Examination of a five-day ecological momentary assessment for body checking: An update*. Poster presented at 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

Shoptaugh, C., Hudson, D. L., & Whisenhunt, B. L. (2017, July). *Active engagement through assignments: Something old, something new and group activities*. Presentation at the 4<sup>th</sup> Vancouver International Conference on the Teaching of Psychology, Vancouver, BC.

Cathey, C., Hudson, D. L., Whisenhunt, B. L. (2017, July). *Benefits of undergraduate learning assistants in introductory psychology*. Presentation at the 4<sup>th</sup> Vancouver International Conference on the Teaching of Psychology, Vancouver, BC.

Whisenhunt, B. L., Cathey, C., Hudson, D. L., Visio, M., Shoptaugh, C., & Rost, A. (2017, July). *Strategies to help make a large class feel small*. Poster presented at the 4<sup>th</sup> Vancouver International Conference on the Teaching of Psychology, Vancouver, BC.

- Hudson, D. L., & Whisenhunt, B. L. (2017, May). *Following the data: Improving student learning (and your CV)*. Presentation at the 29<sup>th</sup> Annual Convention for the Association for Psychological Science, Boston, MA.
- Whisenhunt, B. L., & Hudson, D. L. (2017, January). *Dazed and confused: Identifying and challenging misconceptions and difficult concepts in psychology*. Presentation at the 39<sup>th</sup> Annual National Institute on the Teaching of Psychology, St. Pete Beach, FL.
- Cathey, C., Hudson, D. L., Visio, M., Whisenhunt, B. L., Smith, T.\*\*, Tipton, J.\*\*, Grozav, S.\* , Forbes, F.\*\* , & Hoogland, C. (2017, January). *Manipulating social proof to encourage midterm meeting attendance among struggling students*. Poster presentation **at the 39<sup>th</sup> Annual** National Institute on the Teaching of Psychology, St. Pete Beach, FL.
- Hudson, D. L., & Whisenhunt, B. L. (2016, October 11). *The evolution of teaching: Staying relevant in a digital world*. [Webinar]. In Pearson's Learning Makes Us Webinar Series.
- Smith, J. M.\*\*, Battles, J.\*\*, Johnson, M.\* , Whisenhunt, B. L., Buchanan, E., & Hudson, D. L. (2016, November). *Examination of an ecological momentary intervention on body checking and body dissatisfaction*. Poster presented at the 50<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Stefano, E. C., Bennett, B., Latner, J. D., Hudson, D. L., & Whisenhunt, B. L. (2016, May). Examining the relationship between dietary restraint, disinhibition, body checking, and body avoidance. Poster presented at the International Conference on Eating Disorders, San Francisco, CA.
- Hudson, D. L., Whisenhunt, B. L., Cathey, C., Visio, M. E., Rost, A. D., & Shoptaugh, C. F., (2016, January). Institutional benefits associated with course redesign. Poster presented at the 38<sup>th</sup> Annual National Institute on the Teaching of Psychology, St. Pete Beach, FL.
- Stefano, E. C., Hudson, D. L., Bennett, B., Barnes, J. A., & Whisenhunt, B. L. (2015, November). Examination of body checking behavior among nonclinical women using ecological momentary assessment. Poster presented at ABCT's 49<sup>th</sup> Annual Convention, Chicago, IL.
- Bennett, B. L., Barnes, J. A., Smith, J. M., Logan, K., Whisenhunt, B. L., & Hudson, D. L. (2015, November). Examination of the effects of media consumption of mood and body dissatisfaction using ecological momentary assessment. Poster presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Bennett, B. L., Smith, J. M., Barnes, J. A., Pavlacic, J., Whisenhunt, B. L. & Hudson, D. L. (2015, November). Thin-ideal internalization as a mediator on the relationship between body checking and body dissatisfaction. Poster presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Bozsik, F. M., Whisenhunt, B. L., Bennett, B. L., Smith, J. M., & Hudson, D. L. (2015, November). An examination of the ideal female body shape over time: the rising importance of muscularity. Poster presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Bozsik, F. M., Whisenhunt, B. L., Bennett, B. L., Smith, J. M., & Hudson, D. L. (2015, November). An examination of current thin ideal media consumption among college women. Poster presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

- Cathey, C. L., Whisenhunt, B. L., & Hudson, D. L. (2015, October). A team-based approach to teaching introductory psychology. Presentation at the 14<sup>th</sup> Annual Conference on Teaching: Society for the Teaching of Psychology, Atlanta, GA.
- Cathey, C. L., Fisher, B. J., Whisenhunt, B. L., Kimball, D. R., Hudson, D. L., & Rost, A. D. (2015, October). Perceived benefits of undergraduate learning assistants in introductory psychology. Poster presented at the 14<sup>th</sup> Annual Conference on Teaching: Society for the Teaching of Psychology, Atlanta, GA.
- Whisenhunt, B. L., Hudson, D. L., & Cathey, C. (2015, January). *Honey I shrunk the class: Strategies for making a big class feel small*. Presentation at the 37<sup>th</sup> Annual National Institute on the Teaching of Psychology, St. Pete Beach, FL.
- Stefano, E.\*\* , Hudson, D. L., Bennett, B.\*\* , Logan, K.\* , Whisenhunt, B. (2014, November). Examination of the effects of repeated body checking on mood and body image dissatisfaction using ecological momentary assessment. Poster presented at the 48<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Bozsik, F.\*\* M., Whisenhunt, B. L., Bennett, B. L.\*\* , Smith, J. M.\* , Hudson, D. L. (2014, November). An examination of the ideal female body shape over time: The rising importance of muscularity. Poster presented at the 48<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Smith, J. M.\* , Whisenhunt, B. L., Bennett, B. L.\*\* , Wheeler, B. A.\* , Gilbert, A. N.\* , Hudson, D. L. (2014, November) Social comparison on facebook: The impact of viewing attractive friends on body image among women. Poster presented at the 48<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Barnes, J.\* , Hudson, D. L., Bennett, B. L.\*\* , Logan, K.\* , Gilbert, A.\* , Whisenhunt, B. L. (2014, November). The effects of interviewer gender and attractiveness on body deception in women. Poster presented at the 48<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Whisenhunt, B. L., Hudson, D. L., Shoptaugh, C., Rost, A.D., & Fondren-Happel, R. (2014, January). Student engagement with online course materials: The impact on exam performance in Introductory Psychology. Poster presented at the 36<sup>th</sup> Annual National Institute on the Teaching of Psychology, St. Pete Beach, FL.
- Cathey, C. C., Whisenhunt, B. L., Hudson, D. L., Rost, A., Visio, M., Shoptaugh, C., & Nicholson, S. (2014, January). Enhancing student learning in introductory psychology with undergraduate-led study sessions. Poster presented at the 36<sup>th</sup> Annual National Institute on the Teaching of Psychology, St. Pete Beach, FL.
- Drab-Hudson, D. L., Whisenhunt, B. L., Williams, G. A.\*\* , Stefano, E. C.\*\* , & Bozsik, F. M.\*\* (2013, November). Emotional eating and body dissatisfaction: Does the situation leading to the negative emotion matter? Poster to be presented at the 47<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Whisenhunt, B. L., Stoll, P.\* , & Drab-Hudson, D. L. (2013, November). Body concerns and alcohol use: Does the type of body image situation impact intent to consume alcohol?" Poster to be presented at the 47<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

- Hudson, D. L. & Whisenhunt, B. L. (2013, September). *Course redesign in introductory psychology*. Pearson National Course Redesign Conference, Phoenix, AZ.
- Hudson, D. L., Whisenhunt, B. L., & Shoptaugh, C. (2013, July). *Course redesign in psychology: Efficacy after two years*. Presented at Vancouver International Conference on the Teaching of Psychology, Vancouver, Canada.
- Hudson, D. L. & Whisenhunt, B. L. (2013, June). *Introductory psychology course redesign*. Missouri Teaching Symposium, Columbia, MO.
- Hudson, D. L., & Whisenhunt, B. L. (2013, March 8). Getting started with course redesign [Webinar]. In *Speaking About Course Redesign Series*.
- Williams\*\*, G., Drab-Hudson, D. L., Whisenhunt, B. L., & Thurman, B.\* (2012, November). Examination of body tracing among women with high body dissatisfaction. In D. Drab-Hudson (Chair), *An Evaluation of Current Trends in the Treatment of Eating Disorders and Obesity*. Symposium to be conducted at the 46th Annual Convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Foreman, C.\*, Whisenhunt, B. L., Quinn, E. N.\*\*, & Drab-Hudson, D. L. (2012, November). Self-objectification and media: Does the type of image matter? In B. Whisenhunt (Chair), *Empirical Investigations of the Relationship Between Self-Objectification and Eating Pathology*. Symposium to be conducted at the 46th Annual Convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Williams, G.\*\*, Mardirosian, N. R.\*, Drab-Hudson, D. L., & Whisenhunt, B. L. (2012, November). *Self-efficacy and motivation in relation to weight-loss reality television*. Poster session presented at the 46th Annual Convention of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
- Hudson, D. L. & Whisenhunt, B. L. (2012, September). *Course redesign for introductory psychology: Challenges and solutions*. Pearson National Course Redesign Conference, New Orleans, LA.
- Quinn, E.\*\*, Foreman\*, C., Whisenhunt, B.L., & Hudson D. L. (2012, March). Self-objectification and the media: Do type of image and body dissatisfaction impact body shame? Poster session presented at the annual convention of the Missouri Psychological Association, St. Louis, MO
- Whisenhunt, B. L. (2011, November). *Sex difference in the manifestation, diagnosis, and treatment of eating pathology* (Discussant). Symposium conducted at the 45<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Whisenhunt, B. L. (2011, November). *Manifestation of body checking behaviors across diverse populations* (Chair). Symposium conducted at the 45<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Drab-Hudson, D.L., & Whisenhunt, B.L. (2011, November). Body checking and body avoidance in bariatric surgery patients. In B. Whisenhunt (Chair), *Manifestation of body checking behaviors across diverse populations*. Symposium conducted at the 45<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Drab-Hudson, D.L., Whisenhunt, B.L., & Williams, G.\*\* (2011, November). *Quality of life as a predictor of weight loss in lap band patients*. Poster session presented at the 45<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

- Steding, L.H.\*\* , Whisenhunt, B.L., Drab-Hudson, D.L., Foreman, C.\* , & Hussman, J.\* (2011, November). *Only girls can be called pretty: Gender differences in verbal feedback to preschoolers*. Poster session presented at the 45<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Drab-Hudson, D. L., & Whisenhunt, B. L., Shoptaugh, C., Newman, M. C., Branstetter, A., Happel, R. (2011, July). *Dropping DFW rates: Systematic development of a blended course*. Poster session presented at the International Conference on the Teaching of Psychology, Vancouver, Canada.
- Williams, G.\*\* , Drab-Hudson, D. L., & Whisenhunt, B. L. (2011, May). *An examination of quality of life following bariatric surgery*. Poster session presented at the annual convention of the Missouri Psychological Association, Springfield, MO.
- Steding, L.\*\* , Foreman, C.\* , Husmann, J.\* , Whisenhunt, B.L., Drab-Hudson, D.L. (2011, May). *Gender differences in teasing words received by preschoolers*. Poster session presented at the Annual Meeting of the Missouri Psychological Association, Springfield, MO.
- Drab-Hudson, D. L., Whisenhunt, B. L., Ford, J. A.\*\* , Kincaid, J. E.\*\* , & Mardirosian, N. R.\* (2010). *An examination of binge eating disorder, body image, and bariatric surgery outcome*. Poster session presented at the 44<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Drab-Hudson, D. L., Whisenhunt, B. L., Steding, L. H.\*\* , Foreman, C.\* , & Stoll, P.\* (2010). *Body image changes following bariatric surgery*. Poster session presented at the 44<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Whisenhunt, B. L., & Hudson, D. L. (2010). *Assessment and treatment of obesity: The role of the psychologist*. Oral presentation at the annual convention of the Missouri Psychological Association, Osage Beach, MO
- Ford, J. A.\*\* , Hudson, D. L., Whisenhunt, B. L., Kincaid, J. E.\* , & Mardirosian, N. R.\* (2010). *An examination of binge eating disorder and bariatric surgery outcome*. Poster session presented at the annual convention of the Missouri Psychological Association, Osage Beach, MO
- Steding, L. H.\*\* , Hudson, D. L., Whisenhunt, B. L., Foreman, C.\* , & Stoll, P.\* (2010). *Change in body attitudes after bariatric surgery*. Poster session presented at the annual convention of the Missouri Psychological Association, Osage Beach, MO
- Drab-Hudson, D. L., Whisenhunt, B. L., Barnicle, N. D.\*\* , & Ford, J. A.\*\* (2009). *Manifestations of body image dissatisfaction among bariatric surgery patients*. Poster session presented at the 43<sup>rd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Whisenhunt, B. L., Kroening, R. E.\*\* , Drab-Hudson, D. L., & Ford, J.\*\* (2009). *Teaching women with high body concerns to become the teachers: A two-pronged cognitive dissonance intervention*. Poster session presented at the 43<sup>rd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Drab-Hudson, D. L., Whisenhunt, B.L., Barnicle, N.\*\* , & Schmidt, E.\*\* (2009). *An examination of body checking and body avoidance in patients undergoing bariatric surgery*. Poster session presented at the 43<sup>rd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.



- Whisenhunt, B.L., Drab-Hudson, D.L., Schafer, K.\*\* , and Patel, S.\*\* (2009). *Women's pant sizes: A potentially arbitrary indicator of weight/shape impacting mood, self-esteem, and body image.* Poster session presented at Missouri Psychological Association Annual Convention, Lake of the Ozarks, Missouri.
- Drab-Hudson, D. L., Barnicle, N. D.\*\* , Whisenhunt, B. L., & Schmidt, E.\*\* (2007). *A comparison of demographic and body image variables among individuals seeking two popular weight loss strategies.* Poster session presented at the 41st Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Whisenhunt, B. L., Drab-Hudson, D. L., Barnicle, N. D.\*\* , & Bowling, D.\*\* (2007). *Validation of the body checking questionnaire in obese individuals.* Poster session presented at the 41st Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Schafer, K. J.\*\* , Whisenhunt, B. L., Drab-Hudson, D. L. , & Patel, S. M.\*\* (2007). *Effect of pant size on women's body image, self-esteem, and mood.* Poster session presented at the 41st Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Costello, M.\*\* , Drab-Hudson, D. L., Whisenhunt, B. L., & Hodges, C. (2006). *An examination of body checking and body avoidance in patients undergoing bariatric surgery.* Poster session presented at the 40<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Long, S.\* , Leasure, S.\*\* , Wood, K.\* , Brantley, A.\* , Sanders, L.\* , Hudson, D. L., & Whisenhunt, B. L. (2006). *The relationship between body dysphoria and self-esteem.* Poster session presented at the Missouri Psychological Association Annual Convention, Kansas City, MO.
- Costello, M. E.\*\* , Drab-Hudson, D. L., Whisenhunt, B. L., Barnicle, N. D.\*\* , & Schmidt, E.\*\* (2006). *The relationships among body image dissatisfaction, body avoidance, and body checking in gastric bypass patients.* Poster session presented at the Missouri Psychological Association Annual Convention, Kansas City, MO.
- Hoffman, L.\*\* , Whisenhunt, B.L., Hudson, D.L., Long, S.\* , Mulrenin, R.\*\* , & Depker, M.\* (2005). *The relationship between body checking behaviors and other predictors of eating disorder symptoms.* Poster session presented at the 39<sup>th</sup> Annual Convention of the Association for the Advancement of Behavior Therapy, Washington, DC.
- Patel, S.\*\* , Whisenhunt, B.L., Drab-Hudson, D.L., Schafer, K. J.\*\* , Skeens, K. L.\* , & Toellner, B. R.\* (2005). *The illusive size 8: The arbitrary nature of women's clothing sizes and its implications for cognitive and behavioral practice.* Poster session presented at the 39<sup>th</sup> Annual Convention of the Association for the Advancement of Behavior Therapy, Washington, DC.
- Whisenhunt, B. L., Allen, B. J.\*\* , Keller, E. A.\* , Barton, C. L.\* , Costello, M.\*\* , & Ackerman, K.\* (2005). *Psychometric Properties of the Male Body Size and Shape Inventory (MBSSI).* Poster session presented at the 39<sup>th</sup> Annual Convention of the Association for the Advancement of Behavior Therapy, Washington, DC.
- Whisenhunt, B. L., Drab-Hudson, D.L., Patel, S.M.\*\* , & Hoffman, L.B.\*\* (2004). *The use of self-protection strategies among women with high body dysphoria.* Poster session presented at the 38<sup>th</sup> Annual Convention of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

- Allen, B. J.\*\*\*, Whisenhunt, B.L., Keller, E.A.\*, Dock, A.J.\*, & Levesque, C. (2004). *Development and validation of the Male Body Size and Shape Inventory: A measure of body dysphoria in men.* Poster session presented at the 38<sup>th</sup> Annual Convention of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Stanek, L. R.\*\*\*, Whisenhunt, B.L., Fugett, S. D.\*, & Vincent, R. C.\* (2004). *Social anxiety and the imposter phenomenon.* Poster session presented at the 38<sup>th</sup> Annual Association for the Advancement of Behavior Therapy Convention, New Orleans, LA.
- Lutz, D., Whisenhunt, B.L. (2004). *The assessment section of the 2002 Ethics Code: What's a psychologist to do?* Paper presented at the Missouri Psychological Association Annual Convention, Columbia, Missouri.
- Whisenhunt, B. L., Williamson, D. A., Drab, D. L., & Walden, H. (November, 2003). *Intervening with Coaches to Promote Awareness and Prevention of Weight Pressures in Athletes.* Poster session presented at the 37<sup>th</sup> Annual Convention of the Association for the Advancement of Behavior Therapy, Boston.
- Allen, B. J.\*\*\*, Stanek, L. R.\*\*\*, Dock, A.\*, Berger de Tesouro, I.\*\*\*, Vincent, R.\*, & Whisenhunt, B. L. (November, 2003). *Perceptions of Health and Attractiveness of Women with Anorexia Nervosa.* Poster session presented at the 37<sup>th</sup> Annual Convention of the Association for the Advancement of Behavior Therapy, Boston.
- Geller, J., Whisenhunt, B.L., & Drab, D.L. (November, 2002). *Predicting Long-Term Treatment Outcome in the Eating Disorders Using Readiness and Motivation Information.* Poster session presented at the 36<sup>th</sup> Annual Convention of the Association for the Advancement of Behavior Therapy, Reno.
- Whisenhunt, B. L., Geller, J. (April, 2002). *Internal Motivation for Recovery in the Eating Disorders Predicts Long Term Outcome.* Paper presented at the 17<sup>th</sup> Annual Research Day, Department of Psychiatry, University of British Columbia Hospital, Vancouver.
- Bornstein, B., Nemeth, R. J., Whisenhunt, B. L., & Dunaway, D. (March, 2002). *Pretrial publicity and civil cases: A two-way street?* Paper presented at the American Psychology-Law Society, Austin.
- Whisenhunt, B.L., & Williamson, D.A. (November, 2001). *Impact of Body Mass Index on Perceptions of Objective Weight Categories.* Poster session presented at the 35<sup>th</sup> Annual Convention of the Association for the Advancement of Behavior Therapy, Philadelphia.
- Muller, S. L., Williamson, D.A., Whisenhunt, B.L., & Kohlmaier, J. R. (November, 2001) *Attentional and Judgement Biases Associated With Body Weight Preoccupation in Children and Adolescents.* Poster session presented at the 35<sup>th</sup> Annual Convention of the Association for the Advancement of Behavior Therapy, Philadelphia.
- Whisenhunt, B. L., & Williamson, D. A. (March, 2001). *Relationship Between Actual Body Mass Index and Perception of What Constitutes Overweight: Implications for Health Care Marketing.* Paper presented at the Twentieth Annual Advances in Health Care Research Conference, Santa Fe, NM.
- Whisenhunt, B. L., Williamson, D. A., Netemeyer, R. G. (November, 2000). *An Undetected Factor Associated with Overconcern with Body Size: Use of Appetite Suppressant Medications and Other Weight Management Products.* Poster session presented at the 34<sup>th</sup> Annual Convention of the Association for the Advancement of Behavior Therapy, New Orleans.



Introductory Psychology (PSY 121)  
Fear and Anxiety (PSY 497)  
Teaching of Psychology (PSY 497)

5/00 - 5/01                    Psychology Instructor  
Louisiana State University, Baton Rouge, LA  
Courses Taught:            Abnormal Psychology (PSYC 3082)  
   Personality Theory (PSYC 3081)

### **GRANTS AND FELLOWSHIPS**

2006                            Service-Learning Faculty Fellowship  
2003                            Summer Research Fellowship (\$5000)  
2003                            Faculty Research Grant (\$5,024)  
2003                            Funding For Results (\$3,745)  
1997 – 2001                Louisiana State University Board of Regents Fellowship Recipient (\$56,000)  
2001                            Clinical Scholar Research Grant (\$500)

### **HONORS AND AWARDS**

2013-present                National Center for Academic Transformation (NCAT) Redesign Scholar  
2013-present                Missouri Learning Commons Scholar  
2006                            College of Health and Human Services Teaching Award  
2005                            College of Health and Human Services Research Award  
2000                            Graduate Student Researcher Award, Association for Healthcare Research  
1997                            Psychology Departmental Award  
1997                            Phi Beta Kappa (Alpha of Arkansas Chapter)  
1996                            Golden Key National Honor Society, University of Arkansas  
1996                            Golden Key National Honor Society Scholarship, Outstanding Senior Inductee  
1993-1997                    Governor's Scholar

### **PROFESSIONAL AFFILIATIONS AND SPECIAL RESPONSIBILITIES:**

Association for Behavioral and Cognitive Therapy  
American Psychological Association  
Society for Teaching of Psychology (APA Division 2)

### **PROFESSIONAL REFERENCES**

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