

*Curriculum Vitae*  
**Danae L. (Drab) Hudson**

Department of Psychology  
Missouri State University  
901 S. National Ave.  
Springfield, MO 65897  
(417) 836-5470 phone  
[DanaeHudson@missouristate.edu](mailto:DanaeHudson@missouristate.edu)  
@danae\_hudson

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**ACADEMIC APPOINTMENTS:**

2015 – present	Missouri State University Professor, Department of Psychology <u>Department Head:</u> Paul Deal, Ph.D.
2008 – 2015	Missouri State University Associate Professor, Department of Psychology
2003 – 2008	Missouri State University Assistant Professor, Department of Psychology
2005 – 2006	Forest Institute of Professional Psychology Adjunct Clinical Supervisor <u>Director of Clinical Training:</u> A. Parkhurst, Ph.D.

**LICENSURE:**

2005 – present	Licensed Psychologist Missouri License # 2005005752
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**EDUCATION:**

2004 – 2005	Forest Institute of Professional Psychology, Springfield, MO Post-doctoral Residency in Clinical Psychology <u>Residency Director:</u> M. Stocks, Psy.D.
2002 - 2003	University of British Columbia Hospital, Vancouver, B.C. APA Accredited Internship in Clinical Psychology <u>Internship Director:</u> W. J. Koch, Ph.D.
2000 - 2003	Louisiana State University, Baton Rouge, LA <u>Major Area:</u> Clinical Psychology <u>Specialty Area:</u> Adult Clinical <u>Dissertation:</u> The relationship between obstructive sleep apnea syndrome and insomnia: Implications for treatment. <u>Committee Chair:</u> W. F. Waters, Ph.D., DABSM <u>Degree Conferred:</u> Ph.D., December 2003

- 1998 - 2000 Louisiana State University, Baton Rouge, LA  
Major Area: Clinical Psychology  
Specialty Area: Adult Clinical  
Thesis: The motivation and readiness scale: A multidimensional measure of motivation for change in weight loss.  
Committee Chair: D. A. Williamson, Ph.D.  
Degree Conferred: M.A., May 2001
- 1991 - 1997 Simon Fraser University, Burnaby, B.C. Canada  
Major Area: Psychology (Honors)  
Minor Area: History  
Honors Thesis: Eating from within: The relationship between suppressed anger and eating disorders.  
Committee Chair: D. Cox, Ph.D.  
Degree Conferred: B.A., First Class Honors, May 1997

### **SERVICE TO PROFESSIONAL ORGANIZATIONS**

- 2018 – present American Psychological Association  
*General Psychology Initiative*  
 Committee Member
- 2018 – present *PsychChamps*  
 Board of Directors
- 2017 – present *Society for the Teaching of Psychology (APA, Div 2)*  
 Director of Teaching Resources in Psychology
- 2010 – 2013 *Obesity and Eating Disorders SIG*  
*Association for Behavioral and Cognitive Therapies*  
 Treasurer
- 2006 – 2008 *American Psychological Association*  
 Early Career Psychologist Representative for Missouri
- 2005 – 2008 *Missouri Psychological Association*  
 Early Career Psychologist's Network (Chair)

### **AWARDS AND HONORS**

- 2013 – present National Center for Academic Transformation (NCAT) Redesign Scholar
- 2013 – present Missouri Learning Commons Scholar
- 2011-2012 Provost Fellow for Course Transformation and Student Success (\$7500).
- 2010-2011 Provost Fellow for Teaching and Learning (\$7500).

- 2010 Missouri State University Teaching Travel Award (\$2000). Selected to attend, *The Summer Teaching Institute: What the Best College Teachers Do*. June, 2010. New York, NY.
- 2006 Missouri State University Faculty Research Grant (\$7500). *Body Image Changes Among Patients Receiving Bariatric Surgery*
- 2006 College of Health and Human Service Research Award (\$1200).
- 2006 College of Health and Human Services Summer Grant Writing Award (\$5000). Award shared with Chantal Levesque, Ph.D. and Brooke Whisenhunt, Ph.D.
- 2006 Missouri State University Service Learning Faculty Fellowship (\$2800).
- 2005 Southwest Missouri State University Summer Faculty Fellowship (\$5000). *The Use of Self-Protection Strategies among Women with Body Dysphoria*.

## **SCHOLARSHIP**

### *Textbooks*

Hudson, D. L., & Whisenhunt, B. L. (2019). *Revel Psychology* (1<sup>st</sup> Edition). Hoboken, NJ: Pearson Education. (Introductory Psychology)

### *Peer-Reviewed Journal Publications*

Williams, G. A., Hudson, D. L., Whisenhunt, B. L., Stone, M., Heinberg, L., J., & Crowther, J. H. (2018). Short-term changes in affective, behavioral, and cognitive components of body image following bariatric surgery. *Obesity Surgery*, *14*, 521-527. doi.org/10.1016/j.soard.2017.12.026

Bozsik, F., Whisenhunt, B. L., Hudson, D. L., Bennett, B., & Lundgren, J. D. (2018). Thin is in? Think again: The rising importance of muscularity in the thin ideal female body. *Sex Roles*, 1-7. doi.org/10.1007/s11199-017-0886-0

Cathey, C. L., Visio, M. E., Whisenhunt, B. L., Hudson, D. L., & Shoptaugh, C. F. (2016). Helping when they are listening: A midterm study skills intervention for introductory psychology. *Psychology Learning and Teaching*, *15*, 250-267. doi: 10.1177/1475725716646319

Stefano, E. C., Hudson, D. L., Whisenhunt, B. L., Buchanan, E. M., & Latner, J. D. (2016). Examination of body checking, body image dissatisfaction, and negative affect using ecological momentary assessment. *Eating Behaviors*, *22*, 51-54.

Hudson, D. L., Whisenhunt, B. L., Shoptaugh, C. F., Visio, M. E., Cathey, C. & Rost, A. D. (2015). Change takes time: Understanding and responding to culture change in course redesign. *Scholarship of Teaching and Learning in Psychology*, *1*, 255-268. doi.org/10.1037/stl0000043

Hudson, D. L., Whisenhunt, B. L., Shoptaugh, C. F., Rost, A., & Fondren-Happel, R. N. (2014). Redesigning a large enrollment course: The impact on academic performance, course completion and student perceptions in introductory psychology. *Psychology Learning and Teaching*, *13*, 107-119. doi: 10.2304/plat.2014.13.2.107

- Williams, G., Hudson, D. L., Whisenhunt, B. L., & Crowther, J. (2014). An examination of body tracing among women with high body dissatisfaction. *Body Image: An International Journal of Research*, *11*, 346-349. doi: 10.1016/j.bodyim.2014.05.005
- Drab-Hudson, D. L., Whisenhunt, B. L., Shoptaugh, C. F., Newman, M. C., Rost, A., & Fondren-Happel, R. N. (2012). Transforming introductory psychology: A systematic approach to course redesign. *Psychology Learning and Teaching*, *11*, 146-157. doi: 10.2304/plat.2012.11.2.146
- Whisenhunt, B. L., Drab-Hudson, D. L., Stanek, L. R., Dock, A. J., Allen, B. J., Vincent, R. C., & Levesque, C. (2012). Perceptions of underweight images: Are women with anorexia nervosa perceived as attractive and healthy? *Eating and Weight Disorders*, *17*, 178-184. doi: 10.1007/BF03325345.
- Whisenhunt, B. L., Williamson, D. A., Drab-Hudson, D. L., & Walden, H. (2008). Intervening with coaches to promote awareness and prevention of weight pressures in cheerleaders. *Eating and Weight Disorders*, *13*, 102-110.
- Martin, C. K., Drab-Hudson, D. L., York-Crowe, E., Mayville, S. B., Yu, Y., & Greenway, F. L. (2007). Continuation of weight loss treatment is associated with the number of self-selected treatment modalities. *International Journal of Behavioral Consultation and Therapy*, *3*, 394-402.
- Geller, J., Drab-Hudson, D. L., Whisenhunt, B. L., & Srikaneswaran, S. (2004). Readiness to change dietary restriction predicts outcomes in the eating disorders. *Eating Disorders: The Journal of Treatment and Prevention*, *12*, 209-224.
- Mayville, S. B., Williamson, D. A., White, M. A., Netemeyer, R., Drab, D. L., Richards, D.A., & Martino, J. L. (2002). The development and psychometric properties of the muscle appearance satisfaction scale (M.A.S.S.): A brief measure for the assessment of muscle dysmorphia symptoms. *Assessment*, *9*, 351-360.
- Geller, J., Cockell, S. J., & Drab, D. L. (2001). Assessing readiness for change in anorexia nervosa: The psychometric properties of the readiness and motivation interview. *Psychological Assessment*, *13*, 189-198.
- Geller, J., & Drab, D. L. (1999). The readiness and motivation interview: A symptom-specific measure of readiness for change in the eating disorders. *European Eating Disorders Review*, *7*, 259-278.

#### *Book Chapters*

- Bozsik, F., Bennett, B. L., Stefano, E. C., Whisenhunt, B. L. & Hudson, D. L. (in press). Eating. In S. Hupp (Ed.), *Pseudoscience in Child and Adolescent Psychotherapy: Ineffective, Implausible, and Potentially Harmful Treatments*. Cambridge, UK: Cambridge University Press.
- Stefano, E. C., Bennett, B. L., Bozsik, F., Hudson, D. L., & Whisenhunt, B. L. (in press). Eating disorders. In S. Hupp (Ed.), *Child and Adolescent Psychotherapy: Evidence-Based Treatment Components for Youth and their Parents*. Cambridge, UK: Cambridge University Press.

Hudson, D. L. (2015). Hoarding disorder. In E. E. Gorenstein and R. J. Comer, *Case studies in abnormal psychology* (pp. 31-44). New York, NY: Worth Publishers.

Hudson, D. L. (2015). Somatic symptom disorder. In E. E. Gorenstein and R. J. Comer, *Case studies in abnormal psychology* (pp. 97-112). New York, NY: Worth Publishers.

#### *Invited Articles and Keynote Presentations*

Hudson, D. L. (2013, April). *How research can change your life: The value of research in a technologically advanced world*. Keynote address at the 21<sup>st</sup> Annual Student Research Conference at Southeast Missouri State University, Cape Girardeau, MO.

Hudson, D. L. (2005). From student to somebody: Making the transition to an early career psychologist. *The Missouri Psychologist*, August 2005, 4-5.

#### *Presentations and Symposia*

\* In proceedings publication

Hudson, D. L. & Whisenhunt, B. L. (2018, August). *Beyond the lecture: Effective teaching in large classes*. Presentation at the 126<sup>th</sup> Annual Convention of the American Psychological Association. San Francisco, CA.

Beers, M., Hudson, D. L., & Whisenhunt, B. L. (2018, June). *Teaching difficult concepts in introductory psychology: Five new classroom activities*. Presentation at the 7<sup>th</sup> Annual Psychology One Conference, Durham, NC.

Whisenhunt, B. L., & Hudson, D. L. (2018, April 10). *Teaching lightening round: 5 new class activities for difficult concepts in introductory psychology*. [Webinar]. In Pearson's This is Digital Learning.

Smith, J., Battles, J. A., Whisenhunt, B. L., Buchannan, E., & Hudson, D. L. (2017, November). *Examination of a five-day ecological momentary assessment for body checking: An update*. Poster presented at 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

Hudson, D. L., & Cathey, C. (2017, October). *Individualized academic interventions: Effectively identifying and intervening with struggling students (Even in large classes)*. Presentation at the 16<sup>th</sup> Annual Conference on Teaching, San Antonio, TX.

Hudson, D. L. (2017, August 14). *Getting the most out of Revel*. [Webinar]. In Pearson's Take Psychology to the Next Level Webinar Series.

Shoptaugh, C., Hudson, D. L., & Whisenhunt, B. L. (2017, July). *Active engagement through assignments: Something old, something new and group activities*. Presentation at the 4<sup>th</sup> Vancouver International Conference on the Teaching of Psychology, Vancouver, BC.

Cathey, C., Hudson, D. L., Whisenhunt, B. L. (2017, July). *Benefits of undergraduate learning assistants in introductory psychology*. Presentation at the 4<sup>th</sup> Vancouver International Conference on the Teaching of Psychology, Vancouver, BC.

- Whisenhunt, B. L., Cathey, C., Hudson, D. L., Visio, M., Shoptaugh, C., & Rost, A. (2017, July). *Strategies to help make a large class feel small*. Poster presented at the 4<sup>th</sup> Vancouver International Conference on the Teaching of Psychology, Vancouver, BC.
- Hudson, D. L., & Whisenhunt, B. L. (2017, May). *Following the data: Improving student learning (and your CV)*. Presentation at the 29<sup>th</sup> Annual Convention for the Association for Psychological Science, Boston, MA.
- Whisenhunt, B. L., & Hudson, D. L. (2017, January). *Dazed and confused: Identifying and challenging misconceptions and difficult concepts in psychology*. Presentation at the 39<sup>th</sup> Annual National Institute on the Teaching of Psychology, St. Pete Beach, FL.
- Cathey, C., Hudson, D. L., Visio, M., Whisenhunt, B. L., Smith, T., Tipton, J., Grozav, S., Forbes, F., & Hoogland, C. (2017, January). *Manipulating social proof to encourage midterm meeting attendance among struggling students*. Poster presentation at the 39<sup>th</sup> Annual National Institute on the Teaching of Psychology, St. Pete Beach, FL.
- Hudson, D. L., & Whisenhunt, B. L. (2016, October 11). *The evolution of teaching: Staying relevant in a digital world*. [Webinar]. In Pearson's Learning Makes Us Webinar Series.
- Smith, J. M., Battles, J., Johnson, M., Whisenhunt, B. L., Buchanan, E., & Hudson, D. L. (2016, November). *Examination of an ecological momentary intervention on body checking and body dissatisfaction*. Poster presented at the 50<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Stefano, E. C., Bennett, B., Latner, J. D., Hudson, D. L., & Whisenhunt, B. L. (2016, May). *Examining the relationship between dietary restraint, disinhibition, body checking, and body avoidance*. Poster presented at the International Conference on Eating Disorders, San Francisco, CA.
- Hudson, D. L., Whisenhunt, B. L., Cathey, C., Visio, M. E., Rost, A. D., & Shoptaugh, C. F., (2016, January). *Institutional benefits associated with course redesign*. Poster presented at the 38<sup>th</sup> Annual National Institute on the Teaching of Psychology, St. Pete Beach, FL.
- Stefano, E. C., Hudson, D. L., Bennett, B., Barnes, J. A., & Whisenhunt, B. L. (2015, November). *Examination of body checking behavior among nonclinical women using ecological momentary assessment*. Poster presented at ABCT's 49<sup>th</sup> Annual Convention, Chicago, IL.
- Bennett, B. L., Barnes, J. A., Smith, J. M., Logan, K., Whisenhunt, B. L., & Hudson, D. L. (2015, November). *Examination of the effects of media consumption of mood and body dissatisfaction using ecological momentary assessment*. Poster presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Bennett, B. L., Smith, J. M., Barnes, J. A., Pavlacic, J., Whisenhunt, B. L. & Hudson, D. L. (2015, November). *Thin-ideal internalization as a mediator on the relationship between body checking and body dissatisfaction*. Poster presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Bozsik, F. M., Whisenhunt, B. L., Bennett, B. L., Smith, J. M., & Hudson, D. L. (2015, November). *An examination of the ideal female body shape over time: the rising importance of muscularity*. Poster presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

- Bozsik, F. M., Whisenhunt, B. L., Bennett, B. L., Smith, J. M., & Hudson, D. L. (2015, November). *An examination of current thin ideal media consumption among college women*. Poster presented at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Cathey, C. L., Whisenhunt, B. L., & Hudson, D. L. (2015, October). *A team-based approach to teaching introductory psychology*. Presentation at the 14<sup>th</sup> Annual Conference on Teaching: Society for the Teaching of Psychology, Atlanta, GA.
- Cathey, C. L., Fisher, B. J., Whisenhunt, B. L., Kimball, D. R., Hudson, D. L., & Rost, A. D. (2015, October). *Perceived benefits of undergraduate learning assistants in introductory psychology*. Poster presented at the 14<sup>th</sup> Annual Conference on Teaching: Society for the Teaching of Psychology, Atlanta, GA.
- Whisenhunt, B. L., Hudson, D. L., & Cathey, C. (2015, January). *Honey I shrunk the class: Strategies for making a big class feel small*. Presentation at the 37<sup>th</sup> Annual National Institute on the Teaching of Psychology, St. Pete Beach, FL.
- Stefano, E., Hudson, D. L., Bennett, B., Logan, K., Whisenhunt, B. (2014, November). *Examination of the effects of repeated body checking on mood and body image dissatisfaction using ecological momentary assessment*. Poster presented at the 48<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Bozsik, F. M., Whisenhunt, B. L., Bennett, B. L., Smith, J. M., Hudson, D. L. (2014, November). *An examination of the ideal female body shape over time: The rising importance of muscularity*. Poster presented at the 48<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Smith, J. M., Whisenhunt, B. L., Bennett, B. L., Wheeler, B. A., Gilbert, A. N., Hudson, D. L. (2014, November) *Social comparison on Facebook: The impact of viewing attractive friends on body image among women*. Poster presented at the 48<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Barnes, J., Hudson, D. L., Bennett, B. L., Logan, K., Gilbert, A., Whisenhunt, B. L. (2014, November). *The effects of interviewer gender and attractiveness on body deception in women*. Poster presented at the 48<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Hudson, D. L. (2014, July). *Course redesign of introductory psychology at Missouri State University*. Presentation at the American Association of State Colleges and Universities (AASCU) Academic Affairs Summer Meeting, Fort Lauderdale, FL.
- Jarmon, C., Hudson, D. L., Duncan, M., & Woelk, K. (2014, March). *Missouri improves learning outcomes statewide*. Panel discussion at SXSWedu, Austin, TX.
- Whisenhunt, B. L., Hudson, D. L., Shoptaugh, C., Rost, A.D., & Fondren-Happel, R. (2014, January). *Student engagement with online course materials: The impact on exam performance in Introductory Psychology*. Poster presented at the 36<sup>th</sup> Annual National Institute on the Teaching of Psychology, St. Pete Beach, FL.

- Cathey, C. C., Whisenhunt, B. L., Hudson, D. L., Rost, A., Visio, M., Shoptaugh, C., & Nicholson, S. (2014, January). *Enhancing student learning in introductory psychology with undergraduate-led study sessions*. Poster presented at the 36<sup>th</sup> Annual National Institute on the Teaching of Psychology, St. Pete Beach, FL.
- Drab-Hudson, D. L., Whisenhunt, B. L., Williams, G. A., Stefano, E. C., & Bozsik, F. M. (2013, November). *Emotional eating and body dissatisfaction: Does the situation leading to the negative emotion matter?* Poster presented at the 47<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Whisenhunt, B. L., Stoll, P., & Drab-Hudson, D. L. (2013, November). *Body concerns and alcohol use: Does the type of body image situation impact intent to consume alcohol?* Poster presented at the 47<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Hudson, D. L. (2013, October 9). *Measuring MyPsychLab's impact on introductory psychology* [Webinar]. In *Measuring MyLab and Mastering's Impact on your Course*.
- Hudson, D. L. & Whisenhunt, B. L. (2013, September). *Course redesign in introductory psychology*. Pearson National Course Redesign Conference, Phoenix, AZ.
- Hudson, D. L., Whisenhunt, B. L., & Shoptaugh, C. (2013, July). *Course redesign in psychology: Efficacy after two years*. Presented at Vancouver International Conference on the Teaching of Psychology, Vancouver, Canada.
- Hudson, D. L. & Whisenhunt, B. L. (2013, June). *Introductory psychology course redesign*. Missouri Teaching Symposium, Columbia, MO.
- Hudson, D. L., & Whisenhunt, B. L. (2013, March 8). *Getting started with course redesign* [Webinar]. In *Speaking About Course Redesign Series*.
- Williams, G., Drab-Hudson, D. L., Whisenhunt, B. L., & Thurman, B. (2012, November). Examination of body tracing among women with high body dissatisfaction. In D. Drab-Hudson (Chair), *An Evaluation of Current Trends in the Treatment of Eating Disorders and Obesity*. Symposium conducted at the 46<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Foreman, C., Whisenhunt, B. L., Quinn, E. N., & Drab-Hudson, D. L. (2012, November). Self-objectification and media: Does the type of image matter? In T. Myers (Chair), *Empirical Investigations of the Relationship Between Self-Objectification and Eating Pathology*. Symposium conducted at the 46<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Williams, G., Mardirosian, N. R., Drab-Hudson, D. L., & Whisenhunt, B. L. (2012, November). *Self-efficacy and motivation in relation to weight-loss reality television*. Poster session presented at the 46<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
- Hudson, D. L. & Whisenhunt, B. L. (2012, September). *Course redesign for introductory psychology: Challenges and solutions*. Pearson National Course Redesign Conference, New Orleans, LA.



- Quinn, E. N., Foreman, C., Whisenhunt, B. L., & Drab-Hudson, D. L. (March, 2012). *Self-objectification and the media: Do type of image and body dissatisfaction impact body shame?* Poster presented at the annual convention of the Missouri Psychological Association, St. Louis, MO.
- Drab-Hudson, D. L., & Whisenhunt, B. L. (2011, November). Body checking and body avoidance in bariatric surgery patients. In B. Whisenhunt (Chair), *Manifestation of body checking behaviors across diverse populations*. Symposium conducted at the 45<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Drab-Hudson, D. L., Whisenhunt, B. L., & Williams, G. (2011, November). *Quality of life as a predictor of weight loss in lap band patients*. Poster session presented at the 45<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Steding, L. H., Whisenhunt, B. L., Drab-Hudson, D. L., Foreman, C., & Hussman, J. (2011, November). *Only girls can be called pretty: Gender differences in verbal feedback to preschoolers*. Poster session presented at the 45<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Drab-Hudson, D. L., & Whisenhunt, B. L., Shoptaugh, C., Newman, M. C., Branstetter, A., Happel, R. (2011, July). *Dropping DFW rates: Systematic development of a blended course*. Poster presented at the International Conference on the Teaching of Psychology, Vancouver, Canada.
- Williams, G., Drab-Hudson, D. L., & Whisenhunt, B. L. (2011, May). *An examination of quality of life following bariatric surgery*. Poster presented at the annual convention of the Missouri Psychological Association, Springfield, MO.
- Steding, L., B.A., Foreman, C., Husmann, J., Whisenhunt, B.L., Drab-Hudson, D.L. (2011, May). *Gender differences in teasing words received by preschoolers*. Poster session presented at the Annual Meeting of the Missouri Psychological Association, Springfield, MO.
- Drab-Hudson, D. L., Whisenhunt, B. L., Ford, J. A., Kincaid, J. E., & Mardirosian, N. R. (2010, November). *An examination of binge eating disorder, body image, and bariatric surgery outcome*. Poster presented at the 44<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Drab-Hudson, D. L., Whisenhunt, B. L., Steding, L. H., Foreman, C., & Stoll, P. (2010, November). *Body image changes following bariatric surgery*. Poster presented at the 44<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Warren, A. R., Canu, W. H., & Drab-Hudson, D. L. (2010, November). *Work satisfaction of independent versus group-employed, practicing psychologists*. Poster presented at the 44<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Whisenhunt, B. L., & Hudson, D. L. (2010, June). *Assessment and treatment of obesity: The role of the psychologist*. Presentation at the annual convention of the Missouri Psychological Association, Osage Beach, MO
- Ford, J. A., Hudson, D. L., Whisenhunt, B. L., Kincaid, J. E., & Mardirosian, N. R. (2010, June). *An examination of binge eating disorder and bariatric surgery outcome*. Poster presented at the annual convention of the Missouri Psychological Association, Osage Beach, MO

- Steding, L. H., Hudson, D. L., Whisenhunt, B. L., Foreman, C., & Stoll, P. (2010, June). *Change in body attitudes after bariatric surgery*. Poster presented at the annual convention of the Missouri Psychological Association, Osage Beach, MO
- Drab-Hudson, D. L., Whisenhunt, B. L., Barnicle, N. D., & Ford, J. A. (2009). *Manifestations of body image dissatisfaction among bariatric surgery patients*. Poster presented at the 43<sup>rd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Whisenhunt, B. L., Kroening, R. E., Drab-Hudson, D. L., & Ford, J. A. (2009). *Teaching women with high body concerns to become teachers: A two-pronged cognitive dissonance intervention*. Poster presented at the 43<sup>rd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Drab-Hudson, D.L., Ford, J., & Whisenhunt, B. (2009, June). *Examination of quality of life among patients seeking laparoscopic adjustable gastric banding surgery*. Poster session presented at the annual convention of the Missouri Psychological Association, Osage Beach, MO.
- Whisenhunt, B. L., Drab-Hudson, D. L., Schafer, K. J., & Patel, S. (2009, June). *Women's pant sizes: A potentially arbitrary indicator of weight/shape impacting mood, self-esteem, and body image*. Poster presented at the annual meeting of the Missouri Psychological Association, Osage Beach, MO.
- Drab-Hudson, D. L., Barnicle, N. D., Whisenhunt, B. L., & Schmidt, E. (2007). *A comparison of demographic and body image variables among individuals seeking two popular weight loss surgeries*. Poster presented at the 41st Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Whisenhunt, B. L., Drab-Hudson, D. L., Barnicle, N. D., & Bowling, D. (2007). *Validation of the body checking questionnaire in obese individuals*. Poster presented at the 41st Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Schafer, K. J., Whisenhunt, B. L., Drab-Hudson, D. L., & Patel, S. M. (2007). *Effect of pant size on women's body image, self-esteem, and mood*. Poster presented at the 41st Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Drab-Hudson, D. L., Martin, C. K., York-Crowe, E., Mayville, S. B., Yu, Y., & Greenway, F. L. (2006). *Continuation of weight loss treatment is associated with the number of self-selected treatment modalities*. Poster presented at the 40<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Costello, M. E., Drab-Hudson, D. L., Whisenhunt, B. L., & Hodges, C. (2006). *An examination of body checking and body avoidance in patients undergoing gastric bypass surgery*. Poster presented at the 40<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Drab-Hudson, D. L. & Grodsky, E. F. (2006). *Disaster mental health: National and regional experiences in response to Hurricanes Katrina and Rita*. Oral presentation at the Missouri Psychological Association Annual Convention, Kansas City, MO.
- Costello, M. E., Drab-Hudson, D. L., Whisenhunt, B. L., Barnicle, N. D., & Schmidt, E. E. (2006). *The Relationships Among Body Image Dissatisfaction, Body Avoidance, and Body Checking*

- in Gastric Bypass Patients*. Poster presented at the Missouri Psychological Association Annual Convention, Kansas City, MO.
- Whisenhunt, B. L., *Drab-Hudson, D. L.*, Allen, B. J., Keller, E. A., Barton, C. L., Costello, M., & Ackerman, K. (2005). *Psychometric properties of the Male Body Size and Shape Inventory (MBSSI)*. Poster presented at the 39<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Hoffman, L., Whisenhunt, B. L., *Drab-Hudson, D. L.*, Long, S., Mulrenin, R., & Depker, M. (2005). *The relationship between body checking behaviors and other predictors of eating disorder symptoms*. Poster presented at the 39<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Patel, S. M., Whisenhunt, B. L., *Drab-Hudson, D. L.*, Schafer, K. J., Skeens, K. L., & Toellner, B. R. (2005). The illusive size 8: The arbitrary nature of women's clothing sizes and its implications for cognitive and behavioral processes. Poster presented at the 39<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Patel, S. M., *Drab-Hudson, D. L.*, Whisenhunt, B. L., Toellner, B. R., & Skeens, K. L. (2005). *Clothing size: Can the number itself impact self-esteem, mood, and body image*. Poster presented at the Missouri Psychological Association Convention (MOPA), Springfield, MO.
- Hoffman, L., Mulrenin, R., *Drab-Hudson, D. L.*, & Whisenhunt, B. L. (2005). *The relationship among high and low body checking behaviors and other predictors of eating disorder symptoms*. Poster presented at the Missouri Psychological Association Convention (MOPA), Springfield, MO.
- Drab-Hudson, D. L.*, Waters, W. F., & Calverley, J. (2004). *The relationship between obstructive sleep apnea and insomnia: Implications for treatment*. Paper presented at the 38<sup>th</sup> Annual Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Whisenhunt, B. L., *Drab-Hudson, D. L.*, Patel, S. M., & Hoffman, L. B. (2004). *The use of self-protection strategies among women with high body dysphoria*. Paper presented at the 38<sup>th</sup> Annual Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Patel, S. M., Hoffman, L. B., Whisenhunt, B. L., & *Drab-Hudson, D. L.* (2004). *Self-esteem and the use of self protection strategies*. Paper presented at the Missouri Psychological Association Convention, Columbia, MO.
- Whisenhunt, B. L., Williamson, D. A., *Drab-Hudson, D. L.*, & Walden, H. (2003). *Intervening with coaches to promote awareness and prevention of weight pressures in athletes*. Paper presented at the 37<sup>th</sup> Annual Association for the Advancement of Behavior Therapy, Boston, MA.
- Drab, D. L.* (2003). *Do people do what they say they are going to do? A test of motivation and behavior change in a weight management program*. Oral presentation at the Annual University of British Columbia Psychiatry Research Day, Vancouver, Canada.\*
- Geller, J., *Drab, D. L.*, & Whisenhunt, B. L. (2002). *Using readiness and motivation information to predict dropout, symptom change, and relapse in individuals with an eating disorder*. Paper presented at the 36<sup>th</sup> Annual Association for the Advancement of Behavior Therapy, Reno, NV.

- Drab, D. L., Greenway, F. L., Mayville, S. B., Martin, C. K. & York-Crowe, E. (2001). *Do people do what they say they are going to do? The relationship between motivation and behavior change in a weight management program.* Paper presented at the 35<sup>th</sup> Annual Association for the Advancement of Behavior Therapy, Philadelphia, PA.
- Mayville, S. B., Williamson, D. A., White, M. A., Netemeyer, R., Drab, D. L., Richards, D.A., & Martino, J. L. (2001). *The development and psychometric properties of the muscle appearance satisfaction scale (M.A.S.S.): A brief measure for the assessment of muscle dysmorphia symptoms.* Paper presented at the 35<sup>th</sup> Annual Association for the Advancement of Behavior Therapy, Philadelphia, PA.
- Geller, J., Zaitsoff, S. L., Cockell, S. J., Thompson, L., & Drab, D. L. (2001). *Applications of the readiness and motivation interview I: What happens to readiness and motivation in the course of intensive treatment?* Paper presented at the 2001 International Conference on Eating Disorders and Clinical Teaching Day, Vancouver, Canada.
- Geller, J., Zaitsoff, S. L., Cockell, S. J., Thompson, L., & Drab, D. L. (2001). *Applications of the readiness and motivation interview II: Do readiness and motivation interview scores predict symptom change?* Paper presented at the 2001 International Conference on Eating Disorders and Clinical Teaching Day, Vancouver, Canada.
- Drab, D. L., Geller, J., Williamson, D. A., & Whisenhunt, B. L. (2000). *Readiness and motivation for change in the eating disorders: A review of current assessment strategies.* Paper presented at the 19<sup>th</sup> Annual Association for Health Care Research Conference, Jackson, Wyoming.\*
- Whisenhunt, B. L., Williamson, D. A., Netemeyer, R. G., & Drab, D. L. (2000). *Perceptions of health risks associated with using weight loss products in normal weight women who are preoccupied with body size.* Paper presented at the 19<sup>th</sup> Annual Association for Health Care Research Conference, Jackson, Wyoming.\*
- Martin, C. K., LeBlanc, M. M., Williamson, D. A., Drab, D. L., & Whisenhunt, B. L. (2000). *Implications of obesity and early identification strategies in primary care.* Paper presented at the 19<sup>th</sup> Annual Association for Health Care Research Conference, Jackson, Wyoming.\*
- Geller, J., Cockell, S. J., & Drab, D. L. (1999). *Assessing readiness for change in anorexia nervosa: The psychometric properties of the readiness and motivation interview.* Paper presented at the 33<sup>rd</sup> Annual Association for the Advancement of Behavior Therapy, Toronto, Canada.
- Geller, J., Cockell, S. J., Drab, D. L., & Brotto, L. (1999). *Readiness and motivation for change in anorexia nervosa: Predicting outcome.* Paper presented at the 5<sup>th</sup> Annual London Conference on Eating Disorders, London, U.K.
- Drab, D. L., & Geller, J. (1997). *Eating from within: The relationship between suppressed anger and eating disorders.* Paper presented at the 8<sup>th</sup> Annual International Eating Disorders Conference, New York, NY.

## **TEACHING/RESEARCH EXPERIENCE:**

### **Team Leader for Course Redesign of Introductory Psychology / Course Coordinator**

Missouri State University, Springfield, MO

(October 2010 – August 2013)

Led a large team of faculty, instructional designers, classroom technology specialists and administrators in the redesign of PSY 121, Introductory Psychology; a course that serves 2500 students each year

Participated in a state-wide initiative in course redesign in consultation with the National Center for Academic Transformation (NCAT)

Managed a large, multi-year budget for the project

### **Provost Fellow for Teaching and Learning**

Missouri State University, Springfield, MO

(August 2010 – May 2012)

Assisted Provost and Associate Provost with the revision of the General Education Program

Involved in Course Redesign across campus

Facilitating workshops on *Best Practices for Teaching and Learning*

Mentoring GA/TA and Adjunct Faculty

### **Professor of Psychology**

Missouri State University, Springfield, MO

Professor: August 2015 – present

Associate Professor: August 2008 – August 2015

Assistant Professor: August 2003 – August 2008

Teach undergraduate and graduate courses in psychology:

*Introduction to Psychology* (PSY 121; undergraduate)

*Abnormal Psychology* (PSY 304; undergraduate)

*Directed Readings in Psychology* (PSY 496; undergraduate)

*Directed Research in Psychology* (PSY 498; undergraduate)

*Practicum in Psychology* (PSY 499; undergraduate)

*Adult Psychopathology* (PSY 766; graduate)

*Clinical Communication Skills* (PSY 760; graduate)

### **Student Research Supervisor**

Louisiana State University, Baton Rouge, LA

(May 2002 – May 2003)

Supervised five undergraduate students who were managing a research project.

### **Psychology Instructor**

Louisiana State University, Baton Rouge, LA

(May 2001 - August 2001 and January 2002 - May 2002).

Taught summer session of, *Theories of Personality* (Psyc 3081) to undergraduate students at LSU.

Taught lab section of, *Research Methods and Statistics* (Psyc 2017) to undergraduate students at LSU.

### **Psychology Extern**

Pennington Biomedical Research Center, Baton Rouge, LA

(May 1999 - May 2001). Supervisor: D. A. Williamson, Ph.D.

Conducted psychological screenings for research projects and clinical drug trials. Participated in data collection, data entry and file management.

**Research Assistant**

Louisiana State University, Baton Rouge, LA

(August 1998 - May 1999). Supervisor: D. A. Williamson, Ph.D.

**Research Assistant**

St. Paul's Hospital, Eating Disorders Clinic, Vancouver, B.C. Canada

(December 1995 - August 1998). Supervisor: J. Geller, Ph.D.

Data collection, entry and analysis on a variety of research projects related to eating disorders.

**Research Assistant**

University of British Columbia, Vancouver, B.C. Canada

(September 1997 - June 1998). Supervisor: J. Yuille, Ph.D.

Coordinated a research project involving memories for real, false (constructed memories) and fabricated events.

**Teaching Assistant**

University of British Columbia, Vancouver, B.C. Canada

(September 1997 - May 1998). Supervisor: G. Watson, Ph.D.

**CLINICAL EXPERIENCE:****Private Practice**

Springfield, MO

(August 2005 – present)

Part-time private practice specializing in the treatment of eating disorders and anxiety disorders.

**Psychology Resident**

Forest Institute of Professional Psychology Clinic, Springfield, MO

(January 2004 – January 2005). Supervisors: T. C. Tempelmeyer, Ph.D.

M. Stocks, Psy.D.

Received post-doctoral supervision of clinical experiences to fulfill state requirements for licensure.

Conducted individual, family, and group therapy for a range of Axis I and Axis II disorders.

**Psychology Intern**

University of British Columbia Hospital, Vancouver, B.C.

(September 2002 – August 2003). Supervisors: W. J. Koch, Ph.D.

M. L. Whittal, Ph.D.

Individual and group therapy experiences in the Health Psychology Clinic, Anxiety Disorders Unit, Inpatient Consultation Services, and the Eating Disorders Program at St. Paul's Hospital. Received specialized training in cognitive-behavioral treatment of panic disorder, obsessive-compulsive disorder, social phobia, specific phobias, post-traumatic stress disorder, generalized anxiety disorder, and eating disorders.

**Psychology Extern**

Our Lady of the Lake Regional Medical Center, Eating Disorders Program, Baton Rouge, LA.

(June 2000 - December 2001). Supervisors: W. E. Trask, M.D.

D. A. Williamson, Ph.D.

Provided daily meal support, group, family, and individual therapy for adolescent and adult patients diagnosed with an eating disorder and associated Axis I and Axis II psychopathology. These services were provided in a hospital setting, with a multidisciplinary treatment team and multiple levels of care (acute inpatient, partial hospitalization, and intensive outpatient). Content of groups included, recovery

skill building (DBT), cognitive behavioral therapy, relapse prevention, problem solving, goal setting and body image.

### **Psychology Extern**

Pennington Biomedical Research Center, Baton Rouge, LA.

(May 2000 - December 2001). Supervisors: D. A. Williamson, Ph.D.

F. L. Greenway, M.D.

Senior therapist for a 16 week behaviorally oriented treatment program for obesity. Duties included, conducting psychological screenings, treatment planning, training therapists, case management and co-leading weekly group therapy sessions. Also conducted psychological screenings for clinical drug trials as needed.

### **Neuropsychology Intern**

Psychological Services Center, Louisiana State University, Baton Rouge, LA.

(May 2001 - August 2001). Supervisor: Wm. D. Gouvier, Ph.D.

Conducted neuropsychological/psychological evaluations on college students and adult outpatients referred for a learning disability and/or attention deficit hyperactivity disorder assessment.

### **Graduate Student Therapist**

Psychological Services Center, Louisiana State University, Baton Rouge, LA.

(August 1998 - June 2001). Supervisor: D. A. Williamson, Ph.D.

Assessment and outpatient treatment of adult, community residents. Presenting problems included, eating disorders, depression, anxiety disorders, schizophrenia and personality disorders.

### **Pediatric Psychology Intern**

Earl K. Long Medical Center, Baton Rouge, LA

(May 1999 - May 2000). Supervisor: M. L. Kelley, Ph.D.

Assessment and treatment of children and adolescents presenting with a broad range of developmental and behavioral problems, including ADHD, ODD, conduct disorder, depression, anxiety, enuresis and encopresis, obesity, and academic difficulties. Assessment techniques involved the use of semi-structured interviews, behavioral observations, standardized intelligence and achievement tests, and behavior rating scales. Treatment procedures included parent training, academic interventions, contingency contracting, and cognitive-behavioral therapy. Conducted assessment and treatment of children, adolescents, and their families in both weekly ADHD/Behavior clinics and outpatient therapy.

### **Psychology Extern**

Our Lady of the Lake Regional Medical Center, Eating Disorders Program, Baton Rouge, LA

(May 1999 - December 1999). Supervisor: W. E. Trask, M.D.

Group therapy and meal support for inpatients, partial day patients and intensive outpatients diagnosed with an eating disorder.

### **Clinic Assistant**

St. Paul's Hospital, Eating Disorders Clinic, Vancouver, B.C. Canada

(December 1995 - August 1998). Supervisor: J. Geller, Ph.D.

Conducted intake, post-program and follow up assessments of individuals with an eating disorder.

## **CONSULTATION EXPERIENCE**

### **Educational Testing Service: GRE Content Expert Committee Member**

(June 2018 – present)

Work to review new tests, tests that are being revised, new items that will go into future tests and create multiple choice items for future GRE Psychology exams.

### **National Center for Academic Transformation (NCAT) Redesign Scholar**

(May 2013 – present). President: Carol A. Twigg, Ph.D. Vice-President: Carolyn Jarmon, Ph.D.

Selected as a course redesign scholar. Duties include presentations, webinars, and workshops regarding course redesign. Also provide individual consultation to universities/faculty members in the early stages of course redesign.

### **Missouri Learning Commons Scholar**

(April 2013 – present). Contact: Chris Weisbrook, Ph.D.

Selected as a course redesign scholar for the state of Missouri. Duties include providing presentations and workshops to universities around the state with an interest in course redesign.

### **Psychology Extern**

Our Lady of the Lake Regional Medical Center, Baton Rouge, LA.

(June 2000 - December 2001). Supervisors: W. E. Trask, M.D.

D. A. Williamson, Ph.D.

Conducted eating disorder and other psychological assessments, as ordered by physicians, of adult and adolescent patients admitted to psychiatric inpatient units. Provided diagnostic impressions and treatment recommendations to referring physician and patients' family.

### **Pediatric Psychology Intern**

Earl K. Long Hospital, Baton Rouge, LA.

(May 1999 - May 2000). Supervisor: M. L. Kelley, Ph.D.

Conducted assessments and provided brief treatment for referred pediatric inpatients, and communicated recommendations to physicians, staff, and patients' family members. Presenting problems included: medical noncompliance, adjustment to chronic illness, pain management, child abuse and neglect, depression and conduct problems.

### **Disability Determinations Examiner, State of Louisiana**

Earl K. Long Hospital, Baton Rouge, LA.

(May 1999 - October 1999). Supervisor: M. L. Kelley, Ph.D.

Conducted psychological assessments of patients referred by the Louisiana State Disability Determination Services. Generated a report of testing with recommendations for the disability office.

## **COMMUNITY SERVICE AND RELATED EXPERIENCE**

*Missouri State Child Development Center Parents Advisory Committee.* (2011-2014). Met monthly with a committee of parents, teachers, and administrators to provide oversight to the child development center on campus.

*Center for Professional Solutions at Forest Institute Advisory Panel.* (2009-2014). Met bi-annually to review curriculum and aid in planning future programs. Also, served as invited instructor for various topics related to the Treatment of Psychological Disorders with Cognitive Behavioral Therapy.

*Eating Disorders Coalition of the Ozarks.* (2003-2009) Member of a community organization devoted to providing education and increasing awareness about eating disorders.



October 2005 *Red Cross Disaster Mental Health Team*. Volunteered for 2 weeks in Gulfport, Mississippi after Hurricane Katrina. Provided psychological services to residents affected by the hurricane and to Red Cross staff members.

February 2004, 2005, 2006 *National Eating Disorder Awareness Week*. Coordinated events at Missouri State University and supervised undergraduate and graduate student work.

October 2003 *Southwest Missouri State University Health Fair*. Supervised undergraduate and graduate students.

February 1999, 2000, 2001 *National Eating Disorder Screening Day*. Conducted clinical interviews and provided referrals to community women.

October 1998 *National Depression Screening Day*. Organized and participated in screening and referring college students for depression and related disorders.

### **PROFESSIONAL AFFILIATIONS**

American Psychological Association, Full Member

- Division 2, Society for the Teaching of Psychology, Full Member

Association for Behavioral and Cognitive Therapies, Full Member

Missouri Psychological Association, Full Member

### **REFERENCES**

Paul Deal, Ph.D.

Department Head of Psychology, Missouri State University, Springfield, MO 65897  
(417) 836-5797 Email: [PaulDeal@missouristate.edu](mailto:PaulDeal@missouristate.edu)

Rachelle Darabi, Ph.D.

Associate Provost, Missouri State University, Springfield, MO 65897  
(417) 836-8346 Email: [RDarabi@missouristate.edu](mailto:RDarabi@missouristate.edu)

Josie Geller, Ph.D.

St. Paul's Hospital, Eating Disorder Clinic, 1081 Burrard Street, Vancouver, B.C., Canada, V6Z 1Y6  
(604) 682-2344 ext. 62472 Email: [jgeller@providencehealth.bc.ca](mailto:jgeller@providencehealth.bc.ca)